# Bertakoa Restauration Senpere Collège

# ALLERGENES VALABLES UNIQUEMENT POUR LA CUISINE DE SENPERE COLLEGE

| Allergènes | Gluten | Crustacés | Œuf | Poisson | Soja | Lait/ crème | Arachide | Fruit à coques | Céleri | Moutarde | Sésame | Mollusque | Lupin | Sulfites | Porc |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **LEGENDE** | X ALLERGENES PRINCIPAUX | | | | | | | | | | | | | | |
| | X TRACES D'ALLERGENES | | | | | | | | | | | | | | |
| | Des mesures sont mises en place pour réduire les risques de contamination croisée, cependant une garantie d'absence totale de traces ne pourra pas être fournie | | | | | | | | | | | | | | |
| **Menus** | | | | | | | | | | | | | | | |
| **Lundi 16 Novembre** | | | | | | | | | | | | | | | |
| Bouillon vermicelle | x | | x | | x | | | | | x | | | | x | |
| Cordon bleu 'Aldabia' | x | | x | | x | x | | | x | x | | | | | |
| Gratin de brocolis BIO | | | | | | x | | | x | | | | | | |
| *** | | | | | | | | | | | | | | | |
| Yaourt vanille BIO Cazaubon | | | | | | x | | | | | | | | | |
| **Mardi 17 Novembre** | | | | | | | | | | | | | | | |
| Concombre BIO à la crème de citron | x | | x | | x | x | | | | x | | | | | |
| Omelette | | | x | | | x | | | | | | | | | |
| Coquillettes BIO | x | | x | | x | | | | | x | | | | | |
| Haricots beurre CE2 | | | | | | | | | x | | | | | | |
| Compote de poire HVE | | | | | | | | | | | | | | | |
| **Jeudi 19 Novembre** | | | | | | | | | | | | | | | |
| *** | | | | | | | | | | | | | | | |
| Parmentier de bœuf | | | | | | x | | | x | | | | | x | |
| Salade verte | | | | | | | | | | | | | | | |
| Yaourt à la grecque BIO | | | | | | x | | | | | | | | | |
| Quartier orange BIO | | | | | | | | | | | | | | | |
| **Vendredi 20 Novembre** | | | | | | | | | | | | | | | |
| Saucisson et cornichon | | | | | | x | | x | | | | | | x | x |
| Curry de poisson MSC au lait de coco | x | x | | x | | x | | | | x | x | x | | | |
| Boulgour BIO | x | | | | x | | | | | x | x | | | | |
| *** | | | | | | | | | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| PAIN | x | | | | x | | | x | | | x | | | | |
| VINAIGRETTE | x | | x | | x | x | | | | x | | | | | |