

# Bertakoa Restauration Bayonne

## ALLERGENES VALABLES UNIQUEMENT POUR LA CUISINE DE BAYONNE

| Allergènes                                    |  |  |  |  |                                                                          |  |  |  |  |  |  |  |  |  |  |
|-----------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <b>LEGENDE</b>                                | X                                                                                 | ALLERGENES PRINCIPAUX                                                             |                                                                                   |                                                                                   | Des mesures sont en place pour réduire les risques de contamination croisée, cependant une garantie d'absence totale de traces ne pourra pas être fournie. |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                                               | X                                                                                 | TRACES D'ALLERGENES                                                               |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Menus</b>                                  |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Lundi 07 Septembre</b>                     |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Pastèque                                      |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Poisson frit MSC                              | X                                                                                 |                                                                                   | X                                                                                 | X                                                                                 | X                                                                                                                                                          | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Coquillettes BIO                              | X                                                                                 |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Courgettes à l'ail                            |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Compote de poire HVE                          |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Mardi 08 Septembre</b>                     |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Betteraves BIO                                |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Poulet rôti HVE 'Fermiers Landais' au jus     |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Lentilles IGP                                 |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| ***                                           |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Nectarine                                     |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Mercredi 09 Septembre</b>                  |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Carottes râpées CE2 aux raisins blonds        |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |
| Saucisse de Toulouse 'Maison Montauzer'       |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |
| Purée de pomme de terre                       |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| ***                                           |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Compote de pomme BIO                          |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Jeudi 10 Septembre</b>                     |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Concombres HVE vinaigrette aillée             | X                                                                                 |                                                                                   | X                                                                                 |                                                                                   | X                                                                                                                                                          | X                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Filet de lieu MSC sauce citron                | X                                                                                 |                                                                                   |                                                                                   | X                                                                                 |                                                                                                                                                            |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Conchiglis BIO 'Euskal Pastak'                | X                                                                                 |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| ***                                           |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Yaourt fraise Bleu Blanc Cœur 'Larrea'        |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Vendredi 11 Septembre</b>                  |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Taboulé BIO                                   | X                                                                                 |                                                                                   | X                                                                                 |                                                                                   | X                                                                                                                                                          | X                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |
| Tortilla Espagnole                            | X                                                                                 |                                                                                   | X                                                                                 |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Haricots verts persillés BIO                  |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| ***                                           |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Pain perdu maison au chocolat et noix de coco | X                                                                                 |                                                                                   | X                                                                                 |                                                                                   | X                                                                                                                                                          | X                                                                                   |                                                                                     | X                                                                                   |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |
|                                               |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| PAIN                                          | X                                                                                 |                                                                                   |                                                                                   |                                                                                   |                                                                                                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| VINAIGRETTE                                   | X                                                                                 |                                                                                   | X                                                                                 |                                                                                   | X                                                                                                                                                          | X                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |