

## Bertakoa Restauration

| Allergènes               |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <b>LEGENDE</b>           | X                                                                                 | ALLERGENES PRINCIPAUX                                                             |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Menus</b>             | X                                                                                 | TRACES D'ALLERGENES                                                               |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Lundi 28 avril</b>    |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Concombre vinaigrette    | x                                                                                 |                                                                                   | x                                                                                 |                                                                                   | x                                                                                  | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Cordon bleu              | x                                                                                 |                                                                                   | x                                                                                 |                                                                                   | x                                                                                  | x                                                                                   |                                                                                     |                                                                                     | x                                                                                   | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Lentille "Margarato"     |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Yaourt nature sucré BIO  |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Mardi 29 avril</b>    |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Betteraves BIO           |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Saucisse de Toulouse     |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | x                                                                                   |
| Purée de carottes BIO    |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Glace vanille fraise     | x                                                                                 |                                                                                   | x                                                                                 |                                                                                   | x                                                                                  | x                                                                                   | x                                                                                   | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Mercredi 30 avril</b> |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Nem de légumes           | x                                                                                 | x                                                                                 |                                                                                   |                                                                                   | x                                                                                  |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Galette végétarienne     | x                                                                                 |                                                                                   | x                                                                                 |                                                                                   |                                                                                    | x                                                                                   |                                                                                     |                                                                                     | x                                                                                   |                                                                                     | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Semoule BIO              | x                                                                                 |                                                                                   |                                                                                   |                                                                                   | x                                                                                  |                                                                                     |                                                                                     |                                                                                     |                                                                                     | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Légumes du couscous      |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Fruit de saison BIO      |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Jeudi 01 mai</b>      |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Fête du Travail          |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                          |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                          |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| <b>Vendredi 02 mai</b>   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Melon jaune              |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Poisson frit MSC         | x                                                                                 |                                                                                   |                                                                                   | x                                                                                 |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Blé BIO tomate           | x                                                                                 |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Fromage BIO              |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                          |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| VINAIGRETTE              | x                                                                                 |                                                                                   | x                                                                                 |                                                                                   | x                                                                                  | x                                                                                   |                                                                                     |                                                                                     |                                                                                     | x                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |